

Outlook Gardens Newsletter

Summer 2015

Devotion: Prince of Peace

What is Christmas about? - **'Jesus is the reason for the season'**



The first Residents in our new building

**Mr. Michael Belousoff, and
Mrs. Antonina Belousoff.**

'I am leaving you with a gift – peace of mind and heart. And the peace I give isn't like the peace the world gives. So don't be troubled or afraid'. John 14:27

Jesus was born in the town of Bethlehem in Judea, during the reign of King Herod. About that time some wise men from eastern lands arrived in Jerusalem, asking, 'Where is the newborn king of the Jews? We have seen his star as it arose, and we have come to worship him.' Mt 2:1-2

Once again the star appeared to them, guiding them to Bethlehem. It went ahead of them and stopped over the place where the child was. When they saw the star, they were filled with joy! They entered the house where the child and his mother, Mary, were, and they fell down before him and worshipped him. Then they opened their treasure chests and gave him gifts of gold, frankincense, and myrrh. Mt 2:9-11

Christmas is a time of peace, joy, hope and love but not everyone whether we are Christians or not experience all four gifts of the Christmas season at once. However, there are Christians who do get to receive all four gifts of Christmas, some after many trials and tribulation in their life.

Our new residents in the Aged care facility the 'Belousoffs' - were both from different parts of Russia- they were persecuted under the Stalin communist regiment, left their country and they met in west China at a young age and got married. They started by foot to travel across China, as they made their way from west to east their family grew. Traveling on foot, horses and wagons they walked over 700 miles with their young Christian family and other Russian refugees totalling a number of three hundred.

They travelled through mountains, rivers and the Gobi desert and spent many Christmases in many unknown and unfamiliar places with the presence of God and His protection. They experienced miracle after miracle from escorted trucks rides with the Chinese army to a plane journey from Shanghai to the Philippines



**Village Residents enjoying morning tea
in their new Community Centre**

Finally they voyaged from the Philippines to the great land known as 'Down Under' finally arriving in 1949. Shortly after their arrival in Australia., they were blessed with another member to add to their family.

They have the 'Prince of peace and the gift of peace' to guide them through many trials and tribulation of life. Thereafter, the other gifts of joy, hope and love followed and continue to flow into their lives and earlier this year they celebrated their 76th wedding anniversary.

Jesus too was persecuted by Herod shortly after he was born, his earthly father Joseph took the family and fled as refugees from Israel to Egypt under the protection of the heavenly Father...

After the wise men were gone, an angel of the Lord appeared to Joseph in a dream. 'Get up and flee to Egypt with the child and his mother,' the angel said. 'Stay there until I tell you to return because Herod is going to try to kill the child.' That night Joseph left for Egypt with the child and Mary, his mother, and they stayed there until Herod's death. This fulfilled what the Lord had spoken through the prophet: 'I called my Son out of Egypt.' Mt 2:13-15

Our world does not have peace and currently there are many displaced Syrian refugees and chaos in Europe... this Christmas... do you have the gift of peace? Or better still the 'Prince of Peace' in your life? If you have, you are truly blessed, if you haven't, are you missing out on the blessed treasures which can be yours as well?

Truly wishing everyone a peaceful, joyous and loving Christmas filled with hope for eternity.

Merry Christmas and Blessings in Christ our Saviour.

Chew Nang

Pastorally Speaking

We have had a number of new residents join our community over the last couple of months and we want to extend a very warm welcome to the following residents of our Aged Care facility: Jerome Davidson, Josephine Lee, Tyrone Fryer, Vittoria Primerano, Rosetta Vadala, Michael and Antonina Belousoff, and Tom Lambas. We hope you have settled into your new place of residence and are making new friends.

We continue to welcome our respite residents and thank you all for being part of our community during your stay with us. We hope your experience have been memorable .

A warm welcome to John and Ann Van Breen of unit 38 in the village, we trust you have settled in your new place of residence and our community and have been reunited with many dear friends.

Our deepest sympathy to the families and friends of Verna Garsia, Emma De Lange, Helen Deans, Doreen Clark, Evert Ketelaar and Maria Cimmerman from the Aged Care Facility and Les Barrot from the Village. Your loss of these love ones from our community is heartfelt and our prayers and thoughts go out to all of you. May God continue to bless you and comfort you all with His peace and love during this time of loss.

For those who are struggling with ill health, we remember and send you our loving thoughts and prayers. May God bless your journey of recovery and keep you all in good spirits.

Chew Nang



The Residents Committee sends their warmest Christmas blessings to
Management, Staff and Residents,
Tuks, Audrey, Bert, Lorna, Ann and Evelyn

Aged Care Happening's



Footy fever afternoon was well attended. Congratulations to Mr. Albert Dickson, the winner of Outlook Gardens Footy Tipping 2015.

A special afternoon tea was organised to celebrate Dirk's 60th Birthday. Residents and Dirk had a pleasant afternoon and enjoyed a slideshow organised by Dirk's family.



Residents celebrated Oktoberfest and the German culture in October. Oktoberfest afternoon, the music, dancing and the food were enjoyed by all.

The theme for November was Melbourne cup. Resident enjoyed the Melbourne cup afternoon tea. Congratulations Mrs. Margaret Smith and Mr. Loris Garsia for winning the best dressed prize.



Resident enjoyed a sumptuous lunch at Grand Hyatt Hotel buffet.

Up and coming events— for Aged Care Residents only.

Friday 11th Dec at 10.00 a in Magnolia Lounge—Craft group sale

Wednesday 16th December at 2.00pm—Lavender and Grevillea Wing's Christmas party

Thursday 17th Dec at 1.45pm in Sunflower lounge—Christmas service

Monday 21st Dec 2015 at 2.00 pm—Magnolia Wing's Christmas Party

From the Residential Services Manager's desk

As we look back on another busy and rewarding year we are very thankful for the completion of our new extension. We are very pleased that this building is now finished and we are able to accommodate more residents that need care. At the time of writing we have five permanent residents living in the new 'Grevillea Wing' and two respite residents.

To make life simpler we have renamed the care units in the facility. Low Care or PCA1 has been given the name 'Magnolia', high care or PCA 2 will be known as 'Lavender' and our new ground floor wing will be known as 'Grevillea'.

We are currently in the process of decorating our new area, to make it more 'homely'. Any suggestions or donations of pieces of art that would be suitable would be most appreciated.

To facilitate the increase of residents we have also recently increased our number of staff. These Staff members will be working in all three areas, and we would again appreciate any feed back you may have concerning the standard of care given to residents by staff members.

Christmas

As Christmas approaches, preparations are also well underway organising those residents who are going home for Christmas day. If you haven't replied to the letter you may have received concerning your resident's plans for Christmas day, can you please do so as soon as possible.

Please remember to be patient on the day as it is extremely busy for staff to prepare all the residents that will be going out.

This year's Christmas party for Lavender and Grevillea wings will be on Wednesday 16th December at 2.00pm and for Magnolia Monday 21st December at 2.00pm. As per previous years we ask that you do **not** visit during these times, so as to allow the residents to enjoy their parties.

Leisure Lifestyle

The Leisure and Lifestyle have been busy organising various activities which the residents thoroughly enjoy. If you have any further suggestions of activities that they residents might be interested in please let us know.

Family Conferences

I have recently sent out invitations to some families asking them to attend a family conference. If you have received one, I would encourage you to come in and have a chat regarding your relative.

Wishing all residents and staff a
very Happy Christmas, and best
wishes for 2016.

I will still be working on
22nd and 29th of December and will
return on the 5th January.

Melina Hairdresser



New Office

As you may have already noticed, I have moved my office to what was the 'Rose Room' and Anna Sheran the Clinical Care Manager has moved into my old office.

Hair Dresser

Our new Hairdressing Salon which will be in our new building will be open for business before Christmas. Please see the ladies at reception if you would like to make an appointment.

Inna Emelianova

From the General Manager's Desk

Aged Care Expansion



Since that date we have completed the window furnishings, and have received the delivery of beds and furniture. We are still attending to minor items but in the mean time new residents have been placed in the facility and we continue to employ additional staff to cater for the increase of residents.

It was with great joy when on Friday (after 5.00pm), 23rd October 2015, we received the 'Occupancy Permit' from our builders, Pellicano Builders.

We are very grateful for the work Pellicano have done for us and even though it was one month over target, we are very appreciative for the way the project was delivered.



On behalf of Management and staff

We would like to wish you
all a Blessed
Christmas and a
Prosperous New Year.

We thank you for your
support over the past year
and ask for your continued
prayers for 2016

Inna Emelianova , Corey
van Garderen, and Dirk
Schurink



The Department of Social Services has also given approval to increase Australian Government Residential Care Subsidy from 61 places to 95 places.

As you can imagine, it is with thankfulness to God for the completion of the building work and I wish to single out my appreciation to both Inna and Dirk for their contribution and support to me over the years to bring this project to reality.

At the AGM held on the 21st November 2015 a word of thanks was conveyed to all by our association members and the Board.

In respect to the 'official opening' plans are underway to have an event early 2016.

In conclusion, I wish to convey my Christmas greetings to you all for the coming season and a Happy and prosperous new year.

'til next time

Corey van Garderen.

Technology for engagement



Photo Credit: Twin Design/Shutterstock.com

Information technology plays a huge role in our lives. From internet banking to keeping in touch with our friends and loved ones technology has revolutionised the way we do things. Contrary to the popular perception that elderly cannot adapt to new technology an increasing number of seniors are using tools such as Internet, Facebook and Skype to keep in touch with their loved ones, friends and caregivers.

Recently Georgie and I attended the workshop, “iPads for engagement” at Alzheimer’s Victoria. The workshop focused on the use of iPads to maintain and improve physical, mental and social wellbeing of elderly as well as people with dementia. The interactive workshop prompted us to rethink the way we deliver lifestyle programs to our residents. We use technology in planning activities in Leisure and lifestyle department however the involvement of residents in technology is minimal.

We had the opportunity to share ideas with representatives from other aged care facilities where iPads and technology are already being used to engage their elderly residents and residents with dementia. Applications such as Skype to keep in touch with the friends and relatives, Google Earth to explore the world as well as revisit the places they grew up in, virtual fish tanks and apps to raise pets, music apps, art and craft apps, scrapbooking apps, the possibilities are endless! It was interesting to learn that even people with severe dementia could effectively engage in activities using these apps.

It is safe to say that there are benefits in using technology in an aged care setting. Studies suggest that learning to use tablet computers could improve cognitive skills and independence in older adults. It is also evident that social applications (Skype, email) can reduce social isolation. Considering all the facts, we are planning to introduce tablet computers to our residents. The Leisure and lifestyle team are excited about this project and are currently fundraising to purchase six tablets for the use of our residents.

We would love to receive any donations towards this fundraising effort.

All donations over \$2.00 are tax deductible.

Danni

Wishing everyone a peaceful
Christmas and a happy
prosperous new year.



Thank you for all your support during 2015
and we look forward to an exciting 2016.

Leisure and Lifestyle team.

From the Village



Village Residents enjoying morning tea in their new community centre

We had our Christmas lunch there on 9th of December, this was catered and subsidised by management.

The Resident Committee is planning to meet in January to plan for activities for the year ahead using the community centre.



The Community Centre Kiosk
closes on
Thursday 17th December 2015
and will reopen on
Thursday 21st January 2016

*The Podiatrist will be available for
Village Residents on
Friday 29th January 2016 at 11.00am in
the Aged Care Facility*

**Merry Christmas
and a Happy New
year**



to all Village Residents,
Aged Care residents and staff with
best wishes from the Community
Centre Committee—
Janny Appel, Nel Steunenberg,
Barbara Bence,
Corey van Garderen and
Dirk Schurink

Jesus is the Gift

Jesus is the gift that perfectly fits every heart,
And it is with His love that all celebration starts.

We rejoice in Him as we remember His birth
And thank God for sending His only Son to earth.

His life led from a manger to a cross on a hill
Where He faithfully followed His Father's perfect will.
He freely laid down everything so that we could live,
And there is no greater treasure anyone could give.

Like a scarlet ribbon, His love wrapped around the cross

And He offered it to us all at the greatest cost.

So each time that we give gifts, we remember what He has done

And honour the perfect fit—God's one and only Son.

