

# Outlook Gardens Newsletter

## Summer 2016

### Devotion—The Christmas Message

Many know the Christmas story, yet there are many who do not know.

Many have heard of the Christmas story, and yet there are still many more who are waiting to hear of its good news.

Those who have heard and are aware of the Christmas story... may have responded, yet there are many more who have not responded as they may not have the wisdom to understand the message.

Therefore...there are many who live in ignorance of what the advent season is about...

What about you? Have you heard about the good news? Do you know what its true message is?

Or are you living in ignorance?

The wise men from the east seek Him... '...Magi from the east came to Jerusalem and asked, 'Where is the one who has been born king of the Jews?' We saw his star in the east and have come to worship him.' Mt 2: 1-2

The shepherds in the field seek Him... 'And there were shepherds living out in the fields near by, keeping watch over their flocks at night. An angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were terrified. But the angel said to them, "Do not be afraid. I bring you good news of great joy that will be for all the people. Today in the town of David a Saviour has been born to you; he is Christ the Lord. This will be a sign to you: You will find a baby wrapped in cloths and lying in a manger."

Suddenly a great company of the heavenly host appeared with the angel, praising God and saying, "Glory to God in the highest, and on earth peace to men on whom his favour rests."

When the angels had left them and gone into heaven, the shepherds said to one another, "Let's go to Bethlehem and see this thing that has happened, which the Lord has told us about." So they hurried off and found Mary and Joseph, and the baby, who was lying in the manger.

When they had seen him, they spread the word concerning what had been told them about this child, and all who heard it were amazed at what the shepherds said to them. ... The shepherds returned, glorifying and praising God for all the things they had heard and seen, which were just as they had been told. Lk 2: 8-18, 20



Saint Nicholas visited  
Outlook Gardens and  
checked his book to find out  
who had been naughty or  
nice



The reason behind the season's celebration... of joy, peace and love...is...

*'God did something extraordinary....*

*Stepping from the throne, he removed his robe of light and wrapped himself in skin: pigmented, human skin. The light of the universe entered a dark, wet womb. He whom angels worship nestled himself in the placenta of a peasant, was birthed into a cold night, and then slept on cow's hay.*

*Mary didn't know whether to give him milk or give him praise, but she gave him both since he was, as near as she could figure, hungry and holy.*

*Joseph didn't know whether to call him junior or Father. But in the end he called him Jesus, since that's what the angel had said and since he didn't have the faintest idea what to name a God he could cradle in his arms....'*



*A Christmas Poem by Max Lucado*

**What is missing in life? Joy? Peace? Love?**

Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened.  
Mt 7:7-8

Blessings in the name of Christ for this Christmas Season

Chew Nang

## Pastorally Speaking

The Aged Care Facility and the village warmly welcome all new and respite residents to our community. As you settle into your new place of residence, may you make many new friends and neighbours.

Many in both the aged care facility and the village have been struggling with ill health in the past couple of months, our thoughts and prayers continues to be with all of you and your families. May God bless you with strength, comfort and His peace as you rest in His presence.

Our condolences and prayers goes out to all who have lost loved ones: Elizabeth Fabrik May our loving God journey with you through this time of sorrow. Blessing of His peace and comfort to all your families and friends.

Chew Nang

Our Hairdressers—Melina and Alex



would like to wish all  
Residents and Staff a very  
Happy Christmas and best  
wishes for 2017

Alex will be working on the 22nd December  
(last day for 2016) and will be back on the 3rd  
January 2017

*The Podiatrist will be available for  
Village Residents on  
Tuesday 13th December at 11.00am in  
the Aged Care Facility*

# From the Residential Services Manager's Desk



Welcome to our Summer newsletter and as we near the end of another busy year I would like to wish you all a safe and happy festive season.

As we look back on the year we are thankful that we have been able to provide extra aged care for a number of new residents. Our Banksia wing will be opened this week and again we wish to welcome our new residents.

## Pharmacy

Please be aware that due to governmental changes some medications are no longer available on the PBS (free) list, these include: Aspirin, Mylanta P, Gaviscon, Gastrogel, Chloramphenicol drops, ORS, iron tablets, Ketone/Glucose strips, Glycerine sup. Hydrocortisone cream, B12 inj., Nystatin, Paracetamol 500mg, Panadol Osteo, and chloramphenicol ointment.

## Laundry

Our new laundry will be operational in the new year. This laundry will not only improve the working conditions of the staff but also the quality of washing.

## New Chairs

We have recently ordered some new lift recliner chairs. These chairs will be more comfortable for residents when they enjoy our communal lounges.

## Christmas

Thank you to those who have notified us regarding residents who will be going home on Christmas Day. Please remember to be patient as you pick up your resident on the 25th, as it is extremely busy for staff to prepare all the residents

***Also please remember to leave any new items of clothing purchased for Christmas with reception for labelling. Our ever endless problem of unmarked/lost property continues to increase.***

## Staff

The number of staff employed at Outlook Gardens continues to increase as we not only prepare for the opening of the Banksia wing but also replace those staff who have completed their studies or going on extended leave. We congratulate Freya Dodemaide, Chamala Bandara and Sasha Cooray who have completed their RN Div. 1 studies.

We also congratulate Briony, Amy, Maxine and Selina on the arrival of their babies.

As mentioned in our last news letter Sarah Saeedie is now working with us as an RN. Div. 1. Sarah who has over 10 years of experience in aged care is our Care Coordinator. Please contact Sarah for any medical or clinical issues.



**Donna with one of the new washing machines**



# Aged Care Happenings



Jerry's dance group has been popular with residents and staff alike.



Gardening group has been busy maintaining our outdoor areas.



Residents enjoyed a trip to Queenscliff. They enjoyed a ferry ride and a sumptuous lunch.



# Up and Coming Events

**Christmas service**

Thursday 15<sup>th</sup> December 1.45pm in Banksia Lounge

**Christmas Carols sing along**

Thursday 22<sup>nd</sup> December 1.45 in Banksia Lounge.

Residents' family/ friends welcome.

**New Year celebration happy hour**

Friday 30<sup>th</sup> December 1.45 in Banksia Lounge

**Australia day celebration**

Wednesday 25<sup>th</sup> January

**Chinese New Year Celebration**

Thursday 16<sup>th</sup> February

A big thank you to those who supported our Christmas Appeal!

Collection of goods was delivered to Transit Soup Kitchen in Narre warren.



Residents have been making the best of the lovely weather, spending time outdoors and walks to the village have been popular activities.



Our artists have been busy creating wonderful masterpieces

Wishing everyone a Blessed Christmas and a Happy New Year  
Lifestyle Team!



# Men's Group

Through a fund raising effort the men's group have recently purchased a new bbq. We want to thank those who have already donated towards this, but as we haven't quite made enough we are asking everyone to come along and support us at our Sausage Sizzle. This will be on Thursday 22nd December from 11.00 am onwards in the Lavender Lounge outdoor area.



Please support us and come to our  
Sausage Sizzle  
Thursday 22nd December 11.00am  
onwards in the Lavender Lounge  
outdoor area



We are also looking for a volunteer to come and help us sand and paint some recently received outdoor pieces.

These items were generously donated to us and we would love to brighten them up with some paint

If you can help with this project please give Georgie ring on 9795 7566



# From the General Manager's Desk

## Annual General Meeting

The AGM for the Association and Village Residents was held on the 19th November, 2016. It was good to hear of God's blessings for the Association and Village over this past year.

## Relocation of Laundry

As previously reported, it is anticipated that the new laundry will become operation in January 2017.

## Retirement

After much deliberation and having been General Manager of Outlook Gardens Aged Care and Village for 20+ years, I have regretfully decided to retire and hand over the baton to someone else. My retirement will take effect from 31st March 2017.

The Board of the Association have been advised of my decision and they will in due course announce who will be my successor.

It has been a privilege to have been General Manager and a big thank you to all past and present staff,, and I know that their care and dedication for the elderly will continue in the future.

On behalf of Management and Staff, I would like to wish you all a Blessed Christmas and a Prosperous New Year. Thank you for your support over the past year and ask for you continued prayers for 2017.



## Corey van Garderen



Thanks again to Karen Edmonds  
we have a beautifully knitted  
Christmas gift that you can win.

Guess the amount of smarties in  
the jar at reception and the  
'Golfer' can be yours to keep.

\$1.00 for a guess





The Community Centre Committee

Janny Appel, Barbara Bence, Nel Steunenberg

**We want to say thanks to these ladies for all the work they do throughout the year.**

The Community Centre Kiosk's last day for the year will be Thursday 15th December 2016, and will reopen on Thursday 19th January 2017



Enjoying morning tea in the

Community Centre



**Merry Christmas and a  
Happy New year**

To all Village Residents,  
Aged Care Residents and Staff  
from the  
Community Centre Committee

