

# Outlook Gardens Newsletter

## Autumn 2017

### Devotion—Easter Reflection

Easter is such an important time in the Christian calendar. It is a precious time for us to reflect up what Jesus has done for us. I was reading Luke 18:31-34, and felt prompted to share this Scripture with you. It reads:- 'Jesus Again Predicts His Death (18:31) 'Jesus took the Twelve aside and told them, **"We are going up to Jerusalem, and everything that is written by the prophets about the son of Man will be fulfilled. (32) He will handed over to the Gentiles. They will mock him, insult him, spit on him, flog him and kill him. (33) On the third day he will rise again". (34)** 'The disciples did not understand any of this. Its meaning was hidden from them, and they did not know what he was talking about.'

I was deeply moved by the depth of insight this scripture reveals to us on the life of Jesus. Jesus had an ever-present awareness of His purpose in being born the Son of Man and of the events that would need to take place in His life in order for that purpose to be fulfilled! That is quite a burden for Jesus to have lived with and one He gladly chose to bear for us. Such incredible love!

The scripture goes on further to reveal that the disciples did not understand or know what He was talking about—the meaning was hidden from them. It made me think; should we be asking ourselves 'Do **we** understand any of this?' It is one thing to '**know**' what scripture says, the story so to speak, and another to '**live**' it—to apply what our Lord is teaching us through scripture to our lives!

Upon Jesus' resurrection He appeared to the disciples many times. The victory had been won! Jesus reiterated the purpose of His coming on each of these visitations: - Luke 24:45 'Then He opened their minds to they could understand the scriptures. He told them, **"This is what is written: The Christ will suffer and rise from the dead on the third day, and repentance and forgiveness of sins will be preached in His name to all nations, beginning at Jerusalem. You are witnesses of these things. I am going to send you what my Father has promised; but stay in the city until you have been clothed with power from on high."** During our time of reflection leading up to Easter, let us ask the Lord to '*open our minds*' so we too may '*understand the scriptures*'. Jesus laid down His life for us. When we received Jesus as our Lord and saviour, repenting of our sins, we were forgiven and washed clean. Let us celebrate this wonderful gift of salvation, not just this Easter, but every day of every year for the rest of our lives, by bearing witness to the good news and doing as our Lord commands, and **Love One Another!**

Cheryl Ebsworthy—Pastoral Care



The men's group have been busy decorating the furniture in the outdoor area of Lavender Lounge



# Pastorally Speaking

We welcome all of our new residents and pray that your transition into your new life at Outlook Gardens will be a smooth one and filled with peace. We pray that our Respite residents will enjoy their time with us and look forward to staying with us again in the future. For all our residents who have been or who are unwell or in hospital, we pray for healing and God's will to be done in your lives.

Peace be with you  
Cheryl Ebsworthy—Pastoral Care

## From the Residential Services Manager's Desk

Easter is fast approaching, and I would like to wish you all a happy Easter filled with happiness peace and love.

- We have recently converted one of our rooms into a Doctor's consulting room. Doctors from Hills Medical Centre are available on a rotating roster for a few hours Monday to Friday. They are available on call on weekends.
- We are currently setting up a committee to look into the refurbishment of our 'Lavender Section'. They will be looking into the renewing of lighting, painting and bathroom fittings. This section was opened in January 2004 and is starting to look tired.
- As the number of residents has increased over the past months, which consequently means a large increase in the amount of washing, we are grateful that we have finally been able to move into the new laundry. We are currently looking to employ extra staff to work in the laundry.

**Please remember** to leave any new clothes for residents at reception for labelling. No labels means more lost property!!

- The increase in residents has also meant that our Activities/Lifestyle Staff are looking at expanding the number of programmes they are able to offer. To be able to do this, we are again looking to employ extra Leisure Lifestyle staff. We would also be very grateful to anyone who would like to assist the Leisure Lifestyle staff as a volunteer on outings.

If you are interested in applying for the above positions please give me a ring on 9795 7566.

- A huge thank you to Hans de Groot for the improvement to our garden in the Lavender section. The colourful features and plants look great, thank you.



*Inna Emelianova*

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A young girl, dressed in her Sunday best, was running as fast as she could to Sunday School. As she ran, she prayed, "Dear Lord, please don't let me be late! Dear Lord, please don't let me be late' at which moment she tripped on a curb and fell, getting her clothes dirty and tearing her dress.

She got up, brushed herself off, and started running again, praying 'Dear Lord, please don't let me be late. Dear Lord, please don't let me be late. But don't SHOVE ME

## From the General Manager's Desk

Well this is it, my last report before I ride into the sunset at the end of March 2017.

As advised previously my successor will be Dirk Schurink and I am sure both the Facility and Village will be in capable hands under his direction.

I am also pleased to announce that we have appointed Neil Morgan as the Deputy General Manager. Neil will start on the 27th March so there will be a smooth handover and transition. Neil is married to Jacquie, a committed Christian, has worked in the Victorian Government Department of Treasury and Finance and is currently Vice Chairman of Maranatha Christian School. He has a wealth of experience in business and will be a good asset to the Management team.

I will keep it short but I want to reiterate that it has been a privilege to work for Outlook Gardens to provide care and support for the elderly entrusted to us. I have over the years had a caring and dedicated staff which has made my work easier.

God bless you all both now and in the future.

*Corey van Garderen*



## Village News

**In January** Adrian and Anne Fraanje joined the village Community by taking up residency in Unit 56. We trust they will be happy in our midst.

**Film nights** are held bi monthly in the Community hall. In January we enjoyed the film 'The Help' and on the 18th March we hope to screen 'Light between Oceans' - a story about a light house keeper and his wife who raise a baby they rescued as their own.

**Games evenings** are held on the alternate months. A variety of Board Games are played and enjoyed by all. Those who participate have a lot of fun.

**A Happy Hour is** held on the 1st Saturday of every month from 4.00pm—5.00pm. This evening also contributes to the camaraderie within the village community.

**Carpet Bowls** continues to be held every Monday afternoon at 1.00pm in the Community Hall. New members are always welcome! Even if you don't know how to 'bowl' come and watch. The regulars will be most happy to show you how to play the game.

**The Podiatrist** will be available for Village Residents on March 21st and May 2nd at 11.00am in the Aged Care Facility. Please let reception staff know if you wish to attend (9795 7566).



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## Headline Bloopers...

- Statistics show that teen pregnancy drops off significantly after age 25.
- Federal agents raid gun shop, find weapons.
- Homicide victims rarely talk to police
- 17 remain dead in morgue shopping spree



# Aged Care Happening's



Residents had a fun time at Morning Melodies at the Wheelers Hill Hotel for the Dolly Parton Show







We Celebrated Chinese  
New Year in  
February







Making the most of the  
good weather –  
walking group  
enjoying the gardens in  
the Village



Please support our  
**Easter fundraiser**

Guess the number of eggs in the jar.

\$2.00 a guess

The winner will receive the jar and Easter bunny

All Proceeds to the Royal Children's Hospital.



**Monash Health** have recently published an interesting paper on 'Planning ahead for your medical Treatment. The following is an extract.

### **How can planning ahead help you?**

Having to think about a time when you may not be able to make decisions about your medical treatment can be difficult.

The planning process can give you peace of mind in the knowledge that:

- Your wishes will be clear
- People who are important to you will know what decisions to make on your behalf, should the need arise.

### **Making a plan for your future health care involves the following steps:**

1. Thinking about what is important to you in life
2. Talking to your family and the people close to you
3. Getting information from your doctor
4. Writing down your wishes in a legal document
5. Making sure family doctor and the hospital have a copy of your documents.

The complete paper is available from Reception

Another pamphlet from Monash Health talks about Medical Power of Attorney

### **What is a Medical Power of Attorney?**

- A Medical Power of Attorney can make decisions about your medical treatment if you are unable to do this yourself.
- A Medical Power of Attorney is someone you choose to speak for you.

### **Why do I need a Medical Power of Attorney?**

- If you become seriously ill or are suddenly injured, you may be unable to make decisions about your medical treatment.
- Making a Medical Power of Attorney lets you decide who will speak for you.
- Having a Medical Power of Attorney who knows what treatment you want, can make things easier for the people closest to you.

### **Who should I choose to be my Medical Power of Attorney**

- People often choose a family member but you can choose anyone you trust
- The person must be at least 18 years old.

This pamphlet is also available from Reception

# Easter Joy

**Jesus came to earth,  
To show us how to live,  
How to put others first,  
How to love and how to give.**

**Then He set about His work,  
That God sent Him to do;  
He took our punishment on Himself;  
He made us clean and new.**

**He could have saved Himself,  
Calling angels from above,  
But he chose to pay our price for sin;  
He paid it out of Love.**

**Our Lord died on Good Friday,  
But the cross did not destroy  
His resurrection on Easter morn  
That fills our hearts with joy.**

**Now we know our earthly death,  
Like His, is just a rest.  
We'll be forever with Him  
In heaven, where life is best.**

**So we live our lives for Jesus,  
Think of Him in all we do.  
Thank you Saviour, Thank you Lord.  
Help us love like you!**